

## BICYCLE CLASSES

### ALBUQUERQUE

(for more Abq classes, check BikeABQ.org)

#### Bicycling 101 - Saturday, October 20th, 9am-4pm

Bicycle commuting class. Contact Julie Luna, 265-9357 or julie@bikeabq.org  
Come and develop your bicycle handling and traffic skills. This comprehensive class covers how to ride safely in traffic and how to fix common mechanical problems. For the class, you need to bring a helmet, a bicycle in good working order, and clothing to ride. Drinks and snacks are provided. Cost is \$10. The following topics will be covered:

Basic bicycle mechanics	Traffic laws
Helmet and bike fit	Lane positioning and crash avoidance
Pre-ride safety check	Practicing emergency maneuvers
Gear selection	Short road ride

#### Family Bicycle Seminar (Encouraging whole families)

##### Saturday October 6, 2007 9 am - 3 pm

Come learn how to fix a flat, properly fit you helmet and learn about riding on the road. Class participants will practice safety maneuvers in a parking lot and go on a short road ride. The class is designed for kids ages 9 and up and their parents. Lunch and snacks will be provided. This class is made possible with a grant from REI. Contact Julie Luna, 265-9357 or jaluna@swcp.com.

#### Bicycle Mechanics Classes

No classes currently scheduled. But keep an eye on the BikeABQ.org website.

#### Road I - private instruction.

Craig Degenhardt, League Certified Instructor, has been giving private road skills courses upon request. Contact blacktiebicyclist@yahoo.com for fees and arrangements.

### CLOVIS

#### Bicycle Classes for Youth and Adults

Depends on interest Contact Ed Singletary, 769-1273, csingletary@plateautel.net

### LAS CRUCES

#### Road I - Friday, October 26th and Saturday, October 27th

A Comprehensive Road Skills Course. See flyer and information on following page. Taught by Tammy Schurr. Cost is \$50.

### LOS ALAMOS

#### Road I - A Comprehensive Road Skills Course. League of American Bicyclists 9-hour bicycle commuter curriculum

Classes being organized now. Contact Neale, neale@woozle.org, to register or indicate interest.

### SANTA FE

#### Kids Bike Safety Rodeo - Saturday, September 29, 11am-1pm

Part of the 2007 Kids' Health & Safety Safari and Family Fun Day at St. Vincent Regional Medical Center

**Bike-A-Go-Go kids bike rodeo on Oct 20th.** See flyer, p. 12. Free kids helmets provided by Patricia Peck, DDS

**Road I - TENTATIVE** Friday, Nov 1st, Saturday, Nov 2nd, Sunday, Nov 3rd, at St. John's College. Times will likely be as follows: Session 1: 5-8 pm on 11/2; Session 2: 1-4 pm on 11/3, Session 3 offered 11/4: 9am - 12 pm on 10/12 and repeated 1-4 pm, also on 10/12. A Comprehensive Road Skills Course. See flyer and information on following page. Taught by Gail Ryba and Paul Cooley. Cost is \$20 for BCNM members, \$30 for non-members. Contact Gail at 955-9578 or gnryba@cybermesa.com

### SILVER CITY

Contact Jamie Thomson, gilamonsterbikes@yahoo.com

### TAOS

#### Bicycle Commuting and Basic Bicycle Mechanics

Doug, an owner of Taos Cyclery, is offering bicycle courses occasionally, typically on Sundays. For next times and dates contact Doug Pickett at Taos Cyclery at 758-5551, or at taoscyclery@taosnet.com. Let him know you're interested and he'll work to find good times as the weather warms.

The New Mexico Bicyclist will print your bicycle safety class information free of charge. Please submit according to the directions on the masthead.

### Seeking New Partners for Bike Safety Law Enforcement, Teachers, Health and Fitness Professionals...

As part of its Bicycle Safety Program Development, BCNM is actively seeking interested groups and individuals who wish to become part of the new Bike Safety Program for Kids and Adults. If you would be willing to partner with BCNM to teach the Adult road skills

classes with League Certified Instructors, or if you wish to help us develop and implement the kids bike safety programs, please contact us. In the kids and families program, we are particularly interested in working with spanish-speaking communities.

## New League Certified Instructor in Taos

by Michele Marien

It was an early evening ride through **rush hour traffic in downtown Austin** that initially took my breath away. Coming from a small town (Taos) with unforgiving traffic I was terrified that our first group ride was at 5 pm. As I followed along with the "pack", on an unknown bicycle with iffy shifting, it was apparent that Austin, Texas is a great place for the League of American Bicyclist's National Bike Conference. The safety training for the Leagues Certified Instructor has been the highlight of my year. The excellent instructors and their continuing emphasis on correct vehicular behavior as a bicyclist is paramount in my raised consciousness as a new instructor and cyclist. The effort to bring bike safety and proper road behavior to those who choose to

use this as an alternate form of transportation is now my primary effort for the next year. I look forward to presenting the Bike Safety Road 1 classes to the County and Town of Taos.

Blessings and good cycling!

*Ed. Note: The Bicycle Coalition of New Mexico thanks and congratulates New Mexico's newest League Certified Instructor (LCI) for investing the time and energy to become a bicycle safety instructor. Michele took a Road I (aka Bicycle 101) course from Julie Luna in Albuquerque earlier this year, and completed the 3-day League certification class this summer to become an accredited bicycle commuter safety instructor with the League of American Bicyclists (LAB).*

## ADVOCACY EVENTS COMMUNITY RIDES

Check websites for updates.

### Nov 15 (Thurs) - Santa Rosa

#### STATE BIKE/PED/EQUESTRIAN COMMITTEE

9am-3pm This committee advises state officials about state roadways and bike issues. Quarterly Meetings of the NMDOT BPE Advisory Committee for remainder of 2007 (see BPE website for updates: [nmshtd.state.nm.us](http://nmshtd.state.nm.us), under "Information for Bicyclists and Pedestrians" in the right column):

May 17- Gallup Aug. 16 - Santa Fe Nov. 15 - Santa Rosa

membership form

### YES! I want to help make New Mexico a better place to bicycle!

Please rank the following program areas according to how much effort you think the Bicycle Coalition of New Mexico should give to each one.

- |   |  |
|---|--|
| <input type="checkbox"/> Bike-to-Work/School Days                           | <input type="checkbox"/> "Share the Road" Campaign |
| <input type="checkbox"/> Teaching Safe Cycling                              | <input type="checkbox"/> Trail and Road Planning   |
| <input type="checkbox"/> Promoting bicycle tours, a Bike Swap, other events |  |
| <input type="checkbox"/> Your suggestion: _____                             |  |

#### Annual Memberships

Clip this form and mail it to us. You will receive our newsletter and be eligible for discounts on our trainings and special events and with sponsors we develop (current info will be posted on website.)

- |  |  |
|--|--|
| <input type="checkbox"/> \$500 Champion        | <input type="checkbox"/> \$35 Multi-bike household |
| <input type="checkbox"/> \$100 Advocate        | <input type="checkbox"/> \$25 Regular              |
| <input type="checkbox"/> \$50 Strong supporter | <input type="checkbox"/> Other Amount: \$ _____    |

Are you a Recreational Bicyclist? [ ] Commuter Bicyclist? [ ]

Your Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
e-mail \_\_\_\_\_

Thanks for your support!

BCNM is a 501(c)3 organization. 4/11/07

#### Bicycle Coalition of New Mexico

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Ph. 505-820-1365 email: [info@bikenm.org](mailto:info@bikenm.org)

Check us out on the Web at [www.BikeNM.org](http://www.BikeNM.org)